***Food and Farming in Sunshine Island***

Popular foods in Sunshine Island are sea foods, Australian Meat Pie, various types of meat and many types of potatoes.

Sunshine Islanders love the ripe fruit and vegetables that they grow. They like to grow sugar cane and a lot of other crops. Sunshinians usually grow mangos, pineapple, watermelon, honeydew, bananas, strawberry, and rhubarb in the spring. Spring vegetables in Sunshine Island are cucumbers, artichoke, asparagus, cauliflower, potatoes, and snow peas. Autumn fruits are guava, grapes, kiwi, plum pomegranate, and peach. Summer fruits are apricot, blueberry, nectarine, passion fruit, and raspberries. Popular vegetables in summer are celery, zucchini, and beans. Autumn vegetables are pumpkins, eggplant, mushrooms and tomatoes. Winter Fruits are lemon, lime, pear, navel orange, and apples. A lot of winter vegetables are sweet potatoes, onions, spinach, and carrots. There are many more crops that we grow but I cannot name them all. Sunshinians are very proud of each season’s crops.

***[](http://www.bing.com/images/search?q=Steak&view=detail&id=A74105D57D5E0F75BFF0A5C96BD4AF0169623EF0&first=0&FORM=IDFRIR)[](http://www.bing.com/images/search?q=sugar+cane&view=detail&id=0CF8310C53923E04B9E326810785B8413D965B22&first=0&FORM=IDFRIR)Sugar cane is grown in Easter Australia***

[](http://www.bing.com/images/search?q=fresh+australian+fruits&view=detail&id=C20BCC58966210E6E5ED847694741ECFCB8DE95D&first=0&FORM=IDFRIR)

***[](http://www.bing.com/images/search?q=seafood+dinner&view=detail&id=0E32423CDD6F2E6787FC0F5336CF8AED0A18E34D&first=31&FORM=IDFRIR)Traditional meal in Sunshine Island***

***Many of the fruits we grow.***

***Fancy Sunshinian Dinner***

***More scroll down ↓***

***[](http://www.bing.com/images/search?q=fresh+australian+vegetables&view=detail&id=D330A2AF698CCA207174E07CD64ECF36623BACBA&first=0&FORM=IDFRIR)Many of the Vegetables Sunshinians grow.***